

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

S&R Seniors Living

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| | | | | | | <p>9:15 EXERCISES 10:30 SHUFFLEBOWL 1:30 CATHOLIC SERVICE 2:30 BINGO 6:00 EUCHRE</p> <p>1</p> | <p>9:15 MOVE TO THE MUSIC 10:00 PAPER HOPSCOTCH 10:30 SNACK & CHAT 1:15 MOVIE & POPCORN 3:00 PEPPER/CARDS</p> <p>2</p> |
| <p>11:00 COMMUNION 3:00 NON-DENOMINATIONAL CHURCH SERVICE 1:00 DON'T LOSE YOUR CHIPS 3:00 EUCHRE/CARDS <i>John Doe's Birthday</i></p> <p>3</p> | <p>9:15 EXERCISES 10:30 SHUFFLEBOWL 1:30 TAI CHI 2:00 HAPPY HOUR 3:00 HOYA CARDS 6:30 SKIP BO</p> <p>4</p> | <p>9:15 EXERCISES 10:00 LUNCH & SHOPPING 10:30 PAPER HOPSCOTCH 1:30 RING TOSS 7:00 ROTARY BINGO</p> <p>5</p> | <p>WEAR WHITE WEDNESDAY 9:15 EXERCISES 10:00 SPRUCEDALE PROVIDENCE UNITED SERVICE 2:00 BINGO 3:00 CURRENT EVENTS 6:30 SKIP BO</p> <p>6</p> | <p>9:15 EXERCISES 10:00 WALMART 10:30 BEAN BAG TOSS 2:00 ENTERTAINMENT 3:15 COFFEE SOCIAL 6:30 PEPPER</p> <p>7</p> | <p>HAT DAY 9:15 EXERCISES 10:30 ANGLICAN SERVICE 10:30 COFFEE & CHIT CHAT 1:30 CREATIVE COLOURING 2:30 BINGO 3:00 WII BOWLING</p> <p>8</p> | <p>9:15 MOVE TO THE MUSIC 10:00 PAPER HOPSCOTCH 10:30 SNACK & CHAT 1:15 MOVIE & POPCORN 3:00 PEPPER/CARDS</p> <p>9</p> | |
| <p>11:00 COMMUNION 3:00 NON-DENOMINATIONAL CHURCH SERVICE 1:00 DON'T LOSE YOUR CHIPS 3:00 EUCHRE/CARDS</p> <p>10</p> | <p>9:15 EXERCISES 10:30 SHUFFLEBOWL 1:30 TAI CHI 2:00 FOOD MEETING 3:00 HOYA CARDS 6:30 SKIP BO</p> <p>11</p> | <p>9:15 EXERCISES 10:15 WII BOWLING 1:30 RING TOSS 2:00 OUTING 7:00 ROTARY BINGO</p> <p>12</p> | <p>HAWAIIAN DAY 9:15 EXERCISES 10:30 WORD SCRAMBLE 1:30 NAILS & NEWS 2:00 BINGO 3:00 HAWAIIAN SOCIAL 6:30 SKIP BO <i>Jane Doe's Birthday</i></p> <p>13</p> | <p>9:15 EXERCISES 10:30 BEAN BAG TOSS 11:00 LUNCH OUTING 2:00 ENTERTAINMENT 6:30 PEPPER</p> <p>14</p> | <p>9:15 EXERCISES 10:30 SHUFFLEBOWL 1:30 CATHOLIC SERVICE 2:30 BINGO 6:00 EUCHRE</p> <p>15</p> | <p>9:15 MOVE TO THE MUSIC 10:00 PAPER HOPSCOTCH 10:30 SNACK & CHAT 1:15 MOVIE & POPCORN 3:00 PEPPER/CARDS</p> <p>16</p> | |
| <p>11:00 COMMUNION 3:00 NON-DENOMINATIONAL CHURCH SERVICE 1:00 DON'T LOSE YOUR CHIPS 3:00 EUCHRE/CARDS</p> <p>17</p> | <p>PINK DAY 9:15 EXERCISES 10:30 SHUFFLEBOWL 1:30 TAI CHI 2:00 HOYA CARDS 3:00 ENTERTAINMENT 6:30 SKIP BO</p> <p>18</p> | <p>9:15 EXERCISES 10:15 WII BOWLING 1:30 RING TOSS 2:00 SHOPPING 3:00 BIRTHDAY SOCIAL 7:00 ROTARY BINGO</p> <p>19</p> | <p>9:15 EXERCISES 10:30 WORD SCRAMBLE 1:30 NAILS & NEWS 2:00 BINGO 6:30 SKIP BO</p> <p>20</p> | <p>9:15 EXERCISES 10:00 WALMART 10:30 BINGO 11:45 CHEF'S TABLE WITH IAN 2:00 ENTERTAINMENT 6:30 PEPPER</p> <p>21</p> | <p>FLORAL FRIDAY 9:15 EXERCISES 10:30 PAINTING CLASS 1:30 CREATIVE COLOURING 2:30 HAPPY HOUR 6:00 EUCHRE</p> <p>22</p> | <p>9:15 MOVE TO THE MUSIC 10:00 PAPER HOPSCOTCH 10:30 SNACK & CHAT 1:15 MOVIE & POPCORN 3:00 PEPPER/CARDS</p> <p>23</p> | |
| <p>11:00 COMMUNION 3:00 NON-DENOMINATIONAL CHURCH SERVICE 1:00 DON'T LOSE YOUR CHIPS 3:00 EUCHRE/CARDS</p> <p>24</p> | <p>9:15 EXERCISES 10:00 HEARING CLINIC 10:30 SHUFFLEBOWL 1:30 TAI CHI 2:00 HOYA CARDS 3:00 PAINTING CLASS 6:30 SKIP BO</p> <p>25</p> | <p>9:15 EXERCISES 10:15 WII BOWLING 2:00 OUTING 3:15 CATHOLIC SERVICE 7:00 ROTARY BINGO</p> <p>26</p> | <p>TOURIST DAY 9:15 EXERCISES 10:30 WORD SCRAMBLE 2:00 BINGO 3:00 WINE & CHEESE FUN SOCIAL 6:30 SKIP BO</p> <p>27</p> | <p>9:15 EXERCISE 10:00 MASON VISITS 10:30 ANGLICAN SERVICE 2:00 ENTERTAINMENT 3:00 SHOPPERS 6:30 PEPPER</p> <p>28</p> | <p>9:15 EXERCISES 10:00 RELAX & COLOUR 11-12 WALKER WELLNESS CLINIC 1:30 CHAIR YOGA 2:30 BINGO 6:00 EUCHRE</p> <p>29</p> | <p>9:15 MOVE TO THE MUSIC 10:00 PAPER HOPSCOTCH 10:30 SNACK & CHAT 1:15 MOVIE & POPCORN 3:00 PEPPER/CARDS</p> <p>30</p> | |

HOYA, CHURCH, OUTINGS, INCOMING, FUN DAYS, BIRTHDAYS, EXERCISE CLASS... ALL ACTIVITIES SUBJECT TO CHANGE